

Discovering Your Life Purpose With Crystals

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Welcome!



As an Intuitive Life Purpose Guide and Educator, it is my greatest passion to help others uncover their higher calling and live a life of joy-filled purpose.

Throughout the coming days, please reach out to me with any questions, comments, or a-ha moments.

This journey is for you and I am here to support you all the way.

Hey there! Welcome to the Masterclass:
Discovering Your Life Purpose With Crystals!

In this masterclass we are going to explore life purpose, crystal energy, and bringing the two together.

*Much Love,
Jennifer*

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DISCOVERING
YOUR LIFE
PURPOSE WITH
CRYSTALS
MASTERCLASS

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What is your life purpose?

Use the prompts below to reflect on where you currently are regarding your personal definition of purpose.

How do I currently define "purpose"?

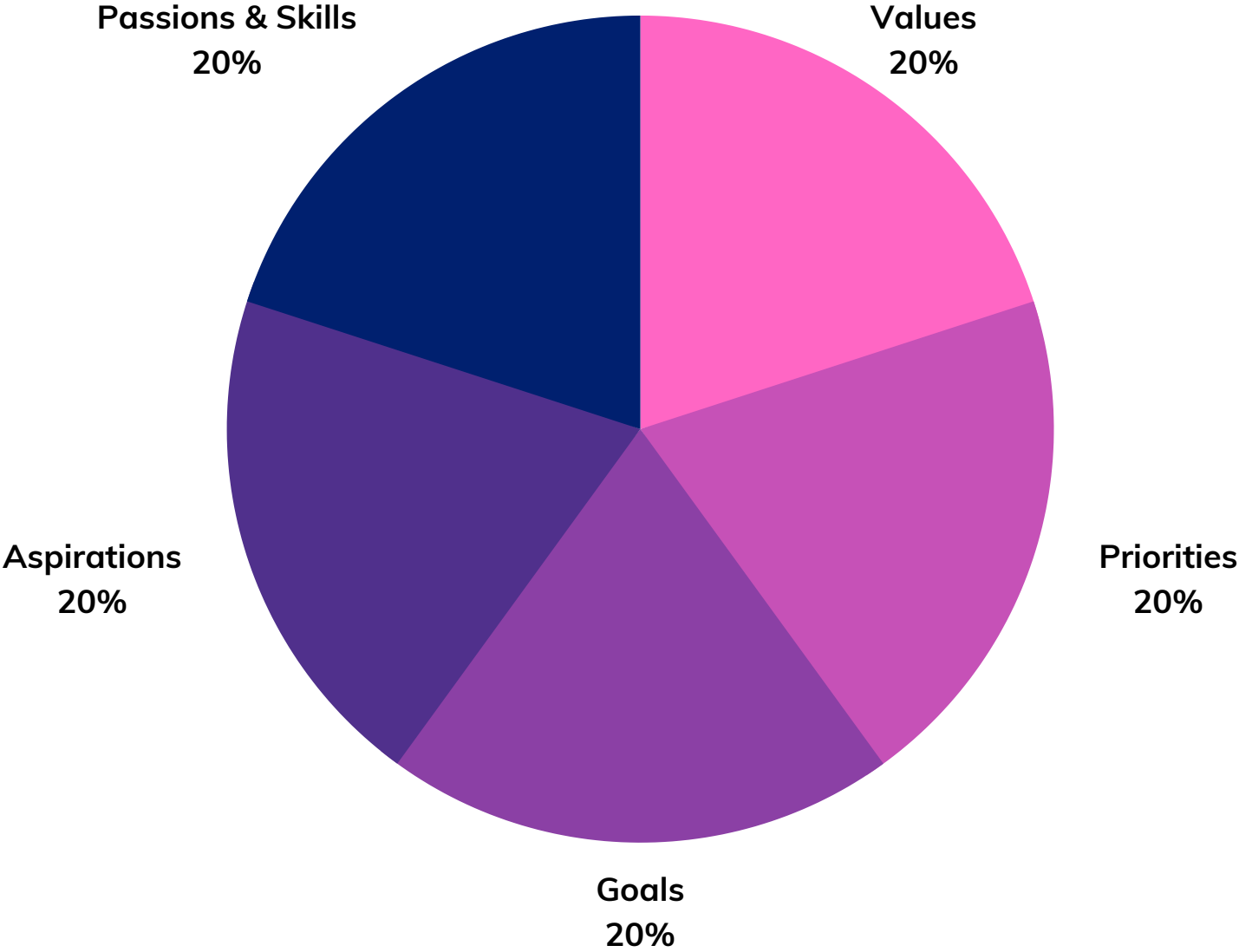
When I hear the phrases "life purpose" or "higher calling" what do I think of?

What is your life purpose?

What words can I use to describe my life's purpose? What things do I want to accomplish in this lifetime?

What qualities, characteristics, or values do I want to embody?

5 Key areas to consider



Values List

Acceptance	Courtesy	Grace	Openness	Sincerity
Accomplishment	Creativity	Gratitude	Optimism	Skillfulness
Accountability	Credibility	Greatness	Order	Smart
Accuracy	Curiosity	Growth	Organization	Solitude
Achievement	Decisiveness	Happiness	Originality	Spirit
Adaptability	Dedication	Hard work	Passion	Spirituality
Altruism	Dependability	Harmony	Patience	Spontaneous
Ambition	Determination	Health	Peace	Stability
Amusement	Development	Honesty	Performance	Status
Assertiveness	Devotion	Honor	Persistence	Stewardship
Attentive	Dignity	Hope	Playfulness	Strength
Awareness	Discipline	Humility	Poise	Structure
Balance	Discovery	Humor	Potential	Success
Beauty	Drive	Imagination	Power	Support
Boldness	Effectiveness	Improvement	Present	Surprise
Bravery	Efficiency	Independence	Productivity	Sustainability
Calm	Empathy	Individuality	Professionalism	Talent
Candor	Endurance	Innovation	Prosperity	Teamwork
Capable	Energy	Inquisitive	Purpose	Temperance
Careful	Enjoyment	Insightful	Quality	Thankful
Certainty	Enthusiasm	Inspiring	Realistic	Thorough
Challenge	Equality	Integrity	Reason	Thoughtful
Charity	Ethical	Intelligence	Recognition	Timeliness
Cleanliness	Excellence	Intensity	Recreation	Tolerance
Comfort	Experience	Intuitive	Reflective	Toughness
Commitment	Exploration	Irreverent	Respect	Tradition
Common sense	Expressive	Joy	Responsibility	Tranquility
Communication	Fairness	Justice	Restraint	Transparency
Community	Family	Kindness	Results-oriented	Trust
Compassion	Famous	Knowledge	Reverence	Truth
Competence	Fearless	Lawful	Risk	Understanding
Concentration	Feelings	Leadership	Satisfaction	Uniqueness
Confidence	Fidelity	Learning	Security	Unity
Connection	Focus	Liberty	Selfless	Valor
Consciousness	Foresight	Logic	Self-reliance	Victory
Consistency	Fortitude	Love	Sensitivity	Vigor
Contentment	Freedom	Loyalty	Serenity	Vision
Contribution	Friendship	Mastery	Service	Vitality
Control	Fun	Maturity	Sharing	Wealth
Conviction	Generosity	Meaning	Significance	Welcoming
Cooperation	Giving	Moderation	Silence	Wisdom
Courage	Goodness	Motivation	Simplicity	Wonder

Questions about Values

What values must you honor within yourself?

What values do you most admire in others?

Questions about Values

What are some qualities that are non-negotiables in how you show up in the world?

What values define happiness to you?

Reflection Questions

What are your **priorities** at this point in your life?

What are your short term and long term **goals**?

Reflection Questions

What are your **aspirations**?

What are your **passions**? What are your **skills**?

What Are Crystals?

"A solid material whose... molecules are arranged in a highly ordered microscopic structure, forming a crystal lattice that extends in all directions." (Wikipedia)

Selection of crystals

Cleansing of crystals

What Are Crystals?

Care of crystals

NOTES

Using Crystals to Discover Your Life Purpose

MEDITATION

PHYSICAL REMINDER

CRYSTAL GRIDS

ENERGETIC TOOL

Top Three Crystals For Purpose

1. _____

2. _____

3. _____

AMAZONITE

MALACHITE

FLUORITE

PYRITE

Crystal Resources

The Crystal Bible

by Judy Hall

Crystals: The Modern Guide to Crystal Healing

by Yulia Van Doren

Gemstones of the World: Newly Revised Fifth Edition


by Walter Schumann

The Crystal Bible 2

by Judy Hall

The Magic of Crystals and Gems: (Healing Gemstones & Crystals)

by Cerridwen Greenleaf



You were put on this earth to
achieve your ***greatest self***, to live out
your ***purpose***, and to do it
courageously.

Dr. Steve Maraboli

For more information on how to work
with me or the training I offer, visit my
website at

jenniferwaddington.com

Or listen every Thursday to the
[Journey to Joy and Purpose Podcast](#).



There is no greater agony than
bearing an untold story inside you.

Maya Angelou